

FRIENDS GLOBAL 10 – UNIT 1 REVIEW (KEY & EXPLANATION)

Reading

KEY

1 DS 2 F 3 T 4 F 5 T 6 T

Listening CD 1.18 page 21

- A. Feelings: bored, confused, delighted, embarrassed, proud
- B. Sports: boat, canoe, climbing, diving, kayaking
- C. Nature: cave, cliffs, landscape, ocean, stream
- D. Health: burn, condition, cure, cut, injury

KEY

- A. 4
B. 3
C. 2
D. 1

Transcript

- 1 Are you looking for the perfect gift, or an amazing experience with your friends? Then come to Extreme Elements. We have hundreds of ideas for active people. How about flying lessons or a helicopter flight? Or go quad biking for a day? Would you prefer rock climbing or canoeing? There's something for everyone – so visit our website now!
- 2 Thank you for inviting me to Careers Week. Let me start by telling you how I got started. At school, I enjoyed sport and was in the football and basketball teams. One day, I heard about a new course at the local swimming pool – scuba diving. I wasn't interested, but my friend wanted to go so I decided to go with him. I loved it! I did several courses, then I did my teaching qualification and now I'm an instructor.
- 3 We all know that exercise helps you to lose or to control your weight. It also helps you sleep better and look better, too. But don't forget that exercise can also be fun. There's no need to go running if you find it boring. Why don't you choose a team game such as football or basketball? You can join a club, have fun and meet other people who enjoy that sport too.
- 4 Do you love sport and meeting people? Then come and see local celebrity and Olympic winner Amelia Green at Brightside Leisure this Saturday at 2 p.m. She is opening the new Olympic pool that we've all been waiting for – it's fantastic! And there is a free swim for the first fifty people.

Speaking

- Ask students to list some things which can make them feel happy. Elicit the words. Help the students with the vocabulary and pronunciation.
- Ask students to look back on their happy moments and tell friends what made them happy (using words expressing feelings)

Writing

Suggested ideas

- Where you went: seaside, mountain, lake...
- How you got there: by bus, bike, coach, airplane...
- Something interesting you did: swimming, building sand castles, fishing, climbing, taking photos, visiting an old town, enjoying special food...
- How you felt: excited, surprised, delighted, fascinated, curious...
- Invitation: when/ where to go/ with whom